



## Statement of Need

While cardiovascular care is rapidly evolving due to new technologies and treatment options, healthcare providers need to be aware of the new health care environment in which they practice as well as knowledge of the past advances and technologies which contributed to the current standards of optimal cardiovascular care. Healthcare providers need periodic educational updates on emerging clinical trials and advances in patient management to provide optimal care. Knowledge and competencies learned from case scenarios applicable to daily practice and changes to practice guidelines, will allow them to apply evidence-based research to their patient management decisions.

## Overall Goal

The overall goal of this activity is to increase learner competence by discovering strategies to anticipate research-driven changes in practice, to enhance professional growth, and to demonstrate efficacy in patient care practice as new clinical approaches and technologies change.

## Learner Objectives

Upon completion of this program, participants should be able to:

- Discuss the benefits of a vegan diet and a paleo diet.
- Identify strategies to treat patients with SIHD.

## Target Audience

Adult Cardiologists, Pediatric Cardiologists, Cardiothoracic Surgeons, Cardiology Fellows-in-Training, Nurses, Nurse Practitioners, Clinical Nurse Specialists, Physician Assistants, Pharmacists



## Acknowledgments

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## **Learner Bill of Rights**

The American College of Cardiology Foundation (ACCF) recognizes that you are a life-long learner who has chosen to engage in continuing medical education to identify or fill a gap in knowledge or skill; and to attain or enhance a desired competency. As part of ACCF's duty to you as a learner, you have the right to expect that your continuing medical education experience with ACCF includes the following.

### **Content that:**

- Promotes improvements or quality in healthcare
- Is current, valid, reliable, accurate and evidence-based
- Addresses the stated objectives or purpose
- Is driven and based on independent survey and analysis of learner needs, not commercial interests
- Has been reviewed for bias and scientific rigor
- Offers balanced presentations that are free of commercial bias
- Is vetted through a process that resolves any conflicts of interest of planners and faculty
- Is evaluated for its effectiveness in meeting the identified educational need

### **A learning environment that:**

- Is based on adult learning principles that support the use of various modalities
- Supports learners' abilities to meet their individual needs
- Respects and attends to any special needs of the learners
- Respects the diversity of groups of learners
- Is free of promotional, commercial and/or sales activities

### **Disclosure of:**

- Relevant financial relationships that planners, teachers and authors have with commercial interests related to the content of the activity
- Commercial support (funding or in-kind resources) of this activity



## Joint Accreditation Statement

In support of improving patient care, this activity has been planned and implemented by the American College of Cardiology Foundation and the Indiana Chapter of the American College of Cardiology. The American College of Cardiology Foundation is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### Physicians

The ACCF designates this live educational activity for a maximum of 2.0 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credits commensurate with the extent of their participation in the activity.

### MOC

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 2.0 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

### Nurses

The ACCF designates this live educational activity for a maximum of 2.0 continuing nursing education contact hours (0.75 pharmacotherapeutic nursing contact hours). Each attendee should only claim credits commensurate with the extent of their participation in the activity.

### Pharmacists

ACCF designates this continuing education activity for 1.0 contact hours (0.1 CEUs) of the Accreditation Council for Pharmacy Education.

While offering credits noted above, the course is not intended to provide extensive training or certification in this field.



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This information is provided for general medical education purposes only and is not meant to substitute for the independent medical judgment of a clinician relative to diagnostic and treatment options for a specific patient's medical condition.

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ACCF assesses conflicts of interest (COI) with its faculty, planners, managers, staff and other individuals who are in a position to control the content of CME/CNE activities. All relevant potential conflicts of interest that are identified are thoroughly vetted through a process that includes course directors and



appropriate peer review by education committee chairs/members, for fair balance, scientific objectivity and validity, and patient care and safety recommendations.

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## CME/CNE Evaluation & Certification Instructions

Your feedback from this American College of Cardiology (ACC) educational course will help us to better target ACC educational initiatives and efforts to support you and your future learning needs. In order to receive your CME/CNE certificate or certificate of attendance and to claim your MOC points, you must complete a brief evaluation survey online. This survey will be sent via email and will include a direct link to the survey. We strongly recommend that evaluations and credit claims be submitted within one MONTH of the course, but **you must complete them within three months of the course.**

If you do not receive an e-mail from ACCF within fourteen days of the conference, please contact Melissa Valentine at ACCF: [mvalenti@acc.org](mailto:mvalenti@acc.org).





**Indiana-ACC 2020 Virtual Annual Meeting  
Saturday, September 26, 2020**

7:00-7:55 am **Virtual Exhibits & ePosters**

7:55 am **Welcome & Opening Remarks**

Donald R. Westerhausen, Jr., MD, FACC President, Indiana-ACC

8:00 am **Rumble in the Jungle: Paleo vs Vegan Diets for CV Patients**

Danielle Belardo, MD

Ryan P. Daly, MD, FACC, FASE, FSCMR, FSCCT

9:00am - 9:45am **Network with your colleagues** to discuss “What ACC Can Do for You” & “Leveraging Social Media in Cardiology.” Take a look at the ePosters. Visit our Virtual Exhibits!

9:45am **The Great Debate: ISCHEMIA**

James Hermiller, MD, FACC, MSCAI

Subha V. Raman, MD, FACC

10:30am **Fellow in Training Oral Competition**

*Left Ventricular Assist Device Outflow Graft Thrombotic Stenosis Treated With Percutaneous Endovascular Stent*

M. Hamid Bahrami, MD, Fellow in Training, Indiana University School of Medicine

*Reactivated Parvovirus Induced Fulminant Myocarditis Requiring Left Ventricular Assist Device*

Kathleen Morris, DO, Fellow in Training, Ascension St. Vincent

11:00 am **Announcement of Poster Winners and Oral Competition Winners**