

# The 23rd Annual Meeting of the Indiana Chapter of the American College of Cardiology

The Westin Indianapolis  
Indianapolis, Indiana  
Saturday, October 19, 2019

***Program Director***

Donald R. Westerhausen, Jr., MD, FACC



AMERICAN  
COLLEGE of  
CARDIOLOGY



Indiana  
CHAPTER

Jointly Provided by  
The American College of Cardiology Foundation and the  
Indiana Chapter of the American College of Cardiology

*This activity has been approved for ABIM MOC points.*

## MESSAGE FROM THE PRESIDENT

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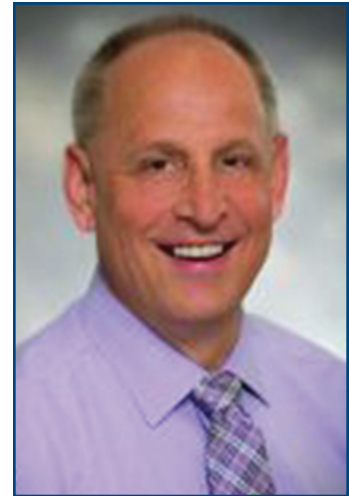
Dear Indiana-ACC Colleague,

It is my pleasure to invite you to the Indiana-ACC's 23rd Annual Meeting. The meeting will be held on Saturday, October 19, at The Westin Indianapolis. Our annual conference is the ideal setting for the entire cardiovascular team to join together, learn and network. The program committee has created an agenda that includes joint areas of interest and a team-based approach. Please join us to learn and network with colleagues.

See you in October!

*Don*

Donald R. Westerhausen, Jr., MD, FACC  
President  
Indiana Chapter of the American College of Cardiology





### Saturday, October 19, 2019

7:00-7:55 a.m.	<b>Continental Breakfast, Exhibits, Posters</b>
7:55-8:00 a.m.	<b>Welcome &amp; Opening Remarks</b> Donald R. Westerhausen, Jr., MD, FACC
8:00-8:45 a.m.	<b>What Is Impacting CV Clinicians in 2019 – Report from the ACC</b> Richard J. Kovacs, MD, FACC, ACC President
8:45-9:30 a.m.	<b>Putting It into Practice: A Review of Cardiovascular Outcome Trials with Diabetes Therapies</b> Woodrow A. Corey, MD, FACC and Stacey Harris, RN, CDE
9:30-10:00 a.m.	<b>FIT Oral Competition</b>
10:00-10:15 a.m.	<b>Pearls from the Teaching Tomorrow's Teachers Program</b> Kavita Khaira, MD
10:15-10:45 a.m.	<b>Break, Exhibit, Posters</b>
10:45-11:30 a.m.	<b>Personalized Medicine</b> Katherine G. Spoonamore, MS
11:30 a.m.-12:15 p.m.	<b>High Performing Work Teams: Enhancing Patient Outcomes and Professional Well-Being</b> Joel Sauer, MBA
12:15-1:00 p.m.	<b>Break, Exhibits, Networking for Women Cardiologists &amp; Networking for CV Team (RN, APN, Pharmacist, PA)</b>
1:00-2:00 p.m.	<b>What's New in Heart Failure: From Drugs to Devices</b> Kathleen Morris, DO and Vijay U. Rao, MD, PhD, FACC
2:00 p.m.	<b>Announcement of Poster Winners and Oral Competition Winners</b>

**Program Director****Donald R. Westerhausen, Jr., MD, FACC**

Board of Governors, American College of Cardiology

President, Indiana Chapter of the ACC

Medical Director, Cardiac Catheterization Laboratory, Heart Failure Clinic, and Anticoagulation Clinic

Elkhart General Hospital

Elkhart, IN

**Program Committee****Constance Adams, MS, RN, CCNS, CCRN**

Heart & Vascular Institute

Methodist Hospitals

Gary/Merrillville, IN

**Raymond E. Dusman, MD, FACC**

Parkview Health System

Fort Wayne, IN

**Sunit-Preet Chaudhry, MD, FACC**

St. Vincent Heart Center

Indianapolis, IN

**Kim V. Cheramie, MSN, RN-BC**

American College of Cardiology

Washington, DC

**Julie Clary, MD, MBA, FACC**

Indiana University Health Physicians

Indianapolis, IN

**Kristen Combes, MSN, ANP-BC, AACC**

Indiana University Health Physicians

Indianapolis, IN

**Abhishek Khemka, MD, FACC**

Indiana University Health Physicians

Indianapolis, IN

**Ashwin Ravichandran, MD, FACC**

St. Vincent Heart Center

Indianapolis, IN

## INVITED FACULTY

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**Woodrow A. Corey, MD, FACC**

St. Vincent Medical Group  
Indianapolis, IN

**Stacey Harris, RN, CDE**

St. Vincent Medical Group  
Indianapolis, IN

**Kavita Khaira, MD**

Indiana University Health Physicians  
Indianapolis, IN

**Richard J. Kovacs, MD, FACC**

President, American College of Cardiology  
Indiana University Health Physicians  
Indianapolis, IN

**Kathleen Morris, DO**

St. Vincent Heart Center  
Indianapolis, IN

**Joel Sauer, MBA**

MedAxiom  
Fort Wayne, IN

**Vijay U. Rao, MD, PhD, FACC**

Franciscan Physician Network  
St. Francis Hospital  
Indianapolis, IN

**Katherine G. Spoonamore, MS**

Indiana University Health Physicians  
Indianapolis, IN



### **ATTENTION FELLOWS-IN-TRAINING AND CARDIOVASCULAR TEAM MEMBERS! CALL FOR POSTERS!**

Annual Poster Competition with cash prizes.

Visit <https://www.inacc.org/2019-annual-meeting/> for submission details.

### **WHO CAN PARTICIPATE**

1. All current Indiana fellows in a cardiology training program are invited to present their research (past or present) during the poster session, scheduled for Saturday, October 19. Eligible posters may present recent data, case study or information that has been presented previously at a local or national meeting.
2. Cardiovascular Team Members. All current Indiana-ACC Cardiovascular Team members (RN, NP, CNS, PA, PharmD) are invited to present their research (past or present) during the poster session. Eligible posters may present recent data or information that has been presented previously at a local or national meeting.



### STATEMENT OF NEED

While cardiovascular care is rapidly evolving due to new technologies and treatment options, healthcare providers need to be aware of the new health care environment in which they practice as well as knowledge of the past advances and technologies which contributed to the current standards of optimal cardiovascular care. Healthcare providers need periodic educational updates on emerging clinical trials and advances in patient management to provide optimal care. Knowledge and competencies learned from case scenarios applicable to daily practice and changes to practice guidelines, will allow them to apply evidence-based research to their patient management decisions.

### OVERALL GOAL

The overall goal of this activity is to increase learner competence by discovering strategies to anticipate research-driven changes in practice, to enhance professional growth, and to demonstrate efficacy in patient care practice as new clinical approaches and technologies change. The Indiana Chapter-ACC Annual Meeting will include education that provides needs-based learning covering a thorough overview of health care legislation and regulations, cardiovascular outcome trials with diabetes therapies, speaking, presentation, and feedback skills for clinical presentations, personalized medicine, high performing working teams & provider wellness, and heart failure.

### LEARNER OBJECTIVES

Upon completion of this program, participants should be able to:

- Implement tools, resources, and regulations that impact the cardiovascular business practice environment necessary to remain financially successful in an era of payment reform.
- Identify appropriate patients with type 2 diabetes mellitus as candidates to receive aspirin, ACE-I/ARB therapy, and statins for both primary and secondary prevention of cardiovascular events.
- Develop public speaking, presentation, and feedback skills for clinical presentations.
- Analyze how Personalized Medicine will change the way cardiovascular practitioners practice medicine in the future.
- Apply principles of effective team-based care to improve workforce wellness and patient outcomes.
- Employ latest advancements in the management of the heart failure patient.



## **TARGET AUDIENCE**

Adult Cardiologists, Pediatric Cardiologists, Cardiothoracic Surgeons, Cardiology Fellows-in-Training, Nurses, Nurse Practitioners, Clinical Nurse Specialists, Physician Assistants, Pharmacists

## **ACCF DISCLOSURE & COI POLICY STATEMENT**

ACCF/Chapter committee members, faculty, staff and other individuals who are in a position to control the content of this activity are required to disclose all real or apparent conflicts of interest. All relevant potential conflicts of interest that are identified are thoroughly vetted through a process that includes course directors and appropriate peer review by education committee chairs/members, for fair balance, scientific objectivity and validity, patient care and safety recommendations. Full disclosure will be published in the syllabus.



## **ACCREDITATION**

### **PHYSICIANS**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American College of Cardiology Foundation and Michigan Chapter of the American College of Cardiology. The American College of Cardiology Foundation is accredited by the ACCME to provide continuing medical education for physicians.

The ACCF designates this live educational activity for a maximum of 4.75 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credits commensurate with the extent of their participation in the activity.

### **MOC**

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 4.75 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

### **NURSES**

American College of Cardiology Foundation is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

The ACCF designates this live educational activity for a maximum of 4.75 continuing nursing education contact hours. Each attendee should only claim credits commensurate with the extent of their participation in the activity.

While offering credits noted above, the course is not intended to provide extensive training or certification in this field.

## **ACKNOWLEDGMENT**

At the time of printing, a complete listing of industry supporters was not available. Appropriate acknowledgment will be made upon confirmation of support and at the time of the program.



## **REGISTRATION**

You may register online at [www.inacc.org](http://www.inacc.org). The registration fee for the meeting includes continental breakfast and breaks.

Indiana-ACC Physician Member - \$55

Non-Member Physician - \$65

Cardiovascular Team Member (RN, APN, Pharmacist, PA) - \$35

CV Administrator - \$35

Fellow-in-Training - FREE with pre-registration

## **CANCELLATIONS**

Registration cancellation requests must be received by October 11, 2019. No refunds will be made after that date.

## **MEETING LOCATION**

The Westin Indianapolis

241 W. Washington St

Indianapolis, IN 46204

Phone: (317) 262-8100

## **PARKING**

Feel free to self-park at the hotel at prevailing rates. The Indiana-ACC will not be validating parking.

## **HOTEL ACCOMMODATIONS**

Rooms are \$219 plus tax. Reservations should be made by September 18, 2019. There is a 24-hour cancellation policy. To make a reservation, you can call 1-800-228-3000 and mention that you are with Indiana-ACC.

## **QUESTIONS?**

Call 317-456-2223 or 404-303-9950.

**REGISTRATION FORM** Register online at [www.inacc.org](http://www.inacc.org)

**INDIANA CHAPTER ACC 23RD ANNUAL MEETING**

Saturday, October 19, 2019 • The Westin Indianapolis

*The meeting registration fee includes continental breakfast and breaks.*

First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_

Last Name \_\_\_\_\_

Title/Degree: \_\_\_\_\_

Company Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Daytime Phone \_\_\_\_\_ Fax \_\_\_\_\_

E-mail address \_\_\_\_\_

Designation:  CNP  CNS  DNP  DO  LPN  MBBS  MD  MBA  
 MHA  PA-C  PhD  PharmD  RN  RPh  Technologist

ACC Designation:  AACC  FACC  MACC

Are you an ACC Member?  Yes  No

If yes, please provide your ACC Member ID (6-10 digits):

\_\_\_\_\_

<b>1. ATTENDEE TYPE</b> (please check one)	<b>TOTAL</b>
Indiana-ACC Physician Member - \$55	\$ _____
Non-Member Physician - \$65	\$ _____
Cardiovascular Team Member (RN, NP, CNS, PA, PharmD, Cardiovascular Administrator) - \$35	\$ _____
Fellow-in-Training - \$0	\$ _____
<b>TOTAL COST</b>	\$ _____

**2. LUNCH NETWORKING**

- I am a female cardiologist and would like to be part of the lunch networking for female cardiologists.
- I am a CV team member (RN, APN, Pharmacist, PA) and would like to be part of the lunch networking for CV team members.

**3. PAYMENT OPTIONS (PLEASE CHECK ONE)**

- Check payable to Indiana Chapter-ACC  Credit card

Cardholder Name *printed* \_\_\_\_\_

- Visa  MasterCard  American Express

Account # \_\_\_\_\_

Card Security # \_\_\_\_\_ Expiration Date \_\_\_\_\_

Signature \_\_\_\_\_

Billing Address for credit card, including zip:

\_\_\_\_\_  
\_\_\_\_\_

**You will receive confirmation via fax or email in advance of the meeting.**

**PLEASE RETURN  
REGISTRATION FORM TO:**

**FAX: 404.795.9105**

**- OR -**

**INDIANA CHAPTER-ACC  
ANNUAL MEETING**

440 Laurel Chase Court NW  
Atlanta, GA 30327

317-456-2223

404-303-9950

FAX 404-795-9105

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**WWW.INACC.ORG**



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