

The 19th Annual Meeting of the Indiana Chapter of the American College of Cardiology

**The Westin Indianapolis
Indianapolis, Indiana**

Saturday, October 10, 2015

Program Director

Edward T.A. Fry, MD, FACC



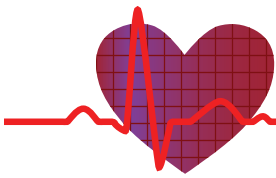
Indiana
CHAPTER



**AMERICAN
COLLEGE *of*
CARDIOLOGY**

Jointly Sponsored/Co-Provided by

**The American College of Cardiology Foundation and the
Indiana Chapter of the American College of Cardiology**



MESSAGE FROM THE PROGRAM DIRECTOR

Dear Indiana-ACC Colleague,

It is my pleasure to invite you to the Indiana-ACC's 19th Annual Meeting. Our annual conference is the ideal setting for the entire cardiovascular team to join together, learn and network. The program committee has crafted an agenda that reflects joint areas of interest. The topics are dynamic and focused on value-based, patient-centered care. In addition, we have put together a "mini-summit" examining the business, regulatory, and legislative aspects of cardiovascular medicine. Whether you are a general cardiologist, electrophysiologist, interventionalist, administrator, nurse or fellow, we look forward to welcoming you to Indianapolis in October.



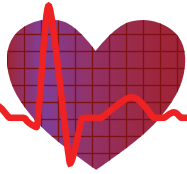
Ed

Edward T.A. Fry, MD, FACC

President

Indiana Chapter of the American College of Cardiology





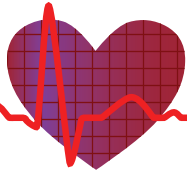
Indiana Chapter-ACC 19th Annual Meeting

October 10, 2015 | The Westin Indianapolis

7:00-7:55 a.m.	Continental Breakfast, Exhibits, Posters
7:55 a.m.	Welcome & Opening Remarks Edward T.A. Fry, MD, FACC
8:00-9:00 a.m.	Navigating the New Health Care Horizon: Report from the ACC Patrick O'Gara, MD, FACC
9:00-9:30 a.m.	Community-based Population Initiatives to Combat Childhood Obesity: Jump IN for Healthy Kids Ron Gifford
9:30-10:00 a.m.	Break, Exhibits, Posters
10:00-10:30 a.m.	FIT Oral Competition
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10:00-10:30 a.m.	Special Session for Cardiovascular Team Members: <i>Documentation, Lessons Learned, When is Enough, Enough?</i> Sheree Schroeder, MSN, RN, RDCS, FASE
<hr/>	
10:30-11:00 a.m.	Sleep Apnea: A Cardiac Problem? K. Praveen Vohra, MD
11:00-11:30 a.m.	Cardiac Assessment of Competitive Athletes Richard J. Kovacs, MD, FACC

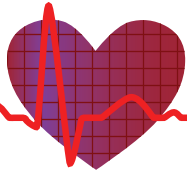
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- 11:30 a.m.-12:00 p.m. **Cardiovascular Pharmacology: A Look at Antithrombotic Therapy and Novel Anticoagulants**
Anne Greist, MD
- 12:00-12:30 p.m. **Break, Exhibits**
- 12:30-2:30 p.m. **Business Side of Cardiology - Solutions for Thriving in a Time of Change**
- *Developing Physician Leaders and Integrated Programs*
Chandrashekar Kumbar, MD, MBA, FACC
 - *Developing Your CV Service Line Strategy*
Joel R. Sauer
 - *Leveraging Clinical Registries to Drive Quality and Value*
John S. Strobel, MD, FACC
 - *Evolving Payment Models and Compensation*
Richard I. Fogel, MD, FACC





PROGRAM COMMITTEE

Program Director

Edward T.A. Fry, MD, FACC

Board of Governors, American College of Cardiology
President, Indiana Chapter of the ACC
Chair, Cardiology Division
St. Vincent Medical Group
Indianapolis, IN

Program Committee

Michael S. Byers, MD, FACC

Indiana University School of Medicine
Indianapolis, IN

Melanie T. Gura, RN, MSN, CNS, CCDS, AACC - Nurse Planner

Northeast Ohio Cardiovascular Specialists
Akron, OH

Chandrashekar Kumbar, MD, MBA, FACC

The Heart Hospital at Deaconess Gateway
Evansville, IN

Bruce M. Rosen, RN, MSN, ANP-BC, AACC

Community Heart & Vascular Physicians
Indianapolis, IN

Joseph S. Rossi, MD, FACC

St. Vincent Medical Group
Indianapolis, IN

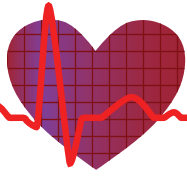
Sheree L. Schroeder, MSN, RN, RDCS, AACC

Accreditation for Cardiovascular Excellence
Washington, DC

Adam Werne, MD

St. Vincent Medical Group
Indianapolis, IN





INVITED FACULTY

Richard I. Fogel, MD, FACC

St. Vincent Medical Group
Indianapolis, IN

Ron Gifford

Jump IN for Healthy Kids
Indianapolis, IN

Anne Greist, MD

Indiana Hemophilia & Thrombosis Center
Indianapolis, IN

Richard J. Kovacs, MD, FACC

Krannert Institute of Cardiology
Indianapolis, IN

Chandrashekar Kumbar, MD, MBA, FACC

The Heart Hospital at Deaconess Gateway
Evansville, IN

Patrick O'Gara, MD, FACC

Brigham and Women's Hospital
Boston, MA

Sheree L. Schroeder, MSN, RN, RDCS, AACC

Accreditation for Cardiovascular Excellence
Washington, DC

Joel R. Sauer

MedAxiom
Fort Wayne, IN

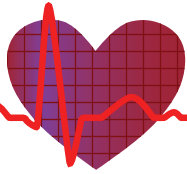
John S. Strobel, MD, FACC

Internal Medicine Associates
Bloomington, IN

K. Praveen Vohra, MD

St. Vincent Medical Group
Indianapolis, IN





CALL FOR POSTERS

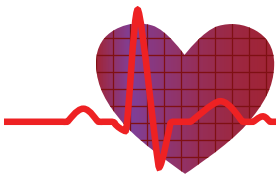
Attention Fellows-in-Training and Cardiovascular Team Members! Call for Posters!

Annual Poster Competition with cash prizes. Visit <http://www.inacc.org/2015-meeting/> for submission details.

Who Can Participate

1. All current Indiana fellows in a cardiology training program are invited to present their research (past or present) during the poster session, scheduled for Saturday, October 10. Eligible posters may present recent data, case study or information that has been presented previously at a local or national meeting.
2. Cardiovascular Team Members. All current Indiana-ACC Cardiovascular Team members (RN, NP, CNS, PA, PharmD) are invited to present their research (past or present) during the poster session. Eligible posters may present recent data or information that has been presented previously at a local or national meeting.





Statement of Need

Cardiovascular care is rapidly evolving with new technologies. Healthcare providers need periodic educational updates on emerging clinical trials and advances in patient management. They need to learn from case scenarios applicable to daily practice and gain knowledge of changes to practice guidelines, so they can apply evidence-based research to their patient management decisions.

Overall Goal

The overall goal of this activity is to increase learner competence by discovering strategies to anticipate research-driven changes in practice, to enhance professional growth, and to demonstrate efficacy in team based patient care practice as new clinical approaches and technologies change in the areas of obesity management, sleep apnea, pharmacology, appropriate use criteria and documentation, cardiac assessment of competitive athletes, and the business side of cardiology.

Learner Objectives

Upon completion of this program, participants should be able to:

- Review new tools and regulations that impact the practice environment and highlight the crucial role that ACC plays in shaping the practice environment of the future.
- Discuss the optimal approaches to incorporating behavior modification and physical activity into obesity treatment and provide specific examples of behavior modification techniques that may be used to manage obesity.
- Discuss the newest antithrombotic therapy and novel anticoagulants.
- Review the importance of comprehensive CV documentation and the team-based approach to documentation and education.
- Review the signs and symptoms of obstructive sleep apnea and the reasons why this disease can contribute to cardiovascular morbidity and mortality.
- Compare and contrast strategies for risk stratification and management of the competitive athlete.
- Identify strategies and best practices for leading transformation of health care delivery across private practice, integrated groups and/or academic medical centers.



Target Audience

Adult Cardiologists, Pediatric Cardiologists, Cardiothoracic Surgeons, Cardiology Fellows-in-Training, Nurses, Nurse Practitioners, Clinical Nurse Specialists, Physician Assistants, Pharmacists

ACCF Disclosure & COI Policy Statement

ACCF/Chapter committee members, faculty, staff and other individuals who are in a position to control the content of this activity are required to disclose all real or apparent conflicts of interest. All relevant potential conflicts of interest that are identified are thoroughly vetted through a process that includes course directors and appropriate peer review by education committee chairs/members, for fair balance, scientific objectivity and validity, patient care and safety recommendations. Full disclosure will be published in the syllabus.



Accreditation**Physicians**

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American College of Cardiology Foundation and the Indiana Chapter of the American College of Cardiology. The American College of Cardiology Foundation is accredited by the ACCME to provide continuing medical education for physicians.

The ACCF designates this live educational activity for a maximum of 5.75 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credits commensurate with the extent of their participation in the activity.

Nurses

American College of Cardiology Foundation is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

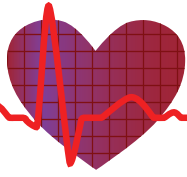
The ACCF designates this educational activity for a maximum of 5.75 continuing education hours. Requirement for successful completion is attendance at the program in its entirety and completing the evaluation tool.

While offering CME and CNE credits noted above, this program is not intended to provide extensive training or certification in the field.

Acknowledgment

At the time of printing, a complete listing of industry supporters was not available. Appropriate acknowledgment will be made upon confirmation of support and at the time of the program.





Registration

You may register online at www.inacc.org. The registration fee for the meeting includes continental breakfast and breaks.

- Indiana-ACC Physician Member – \$40
- Non-Member Physician – \$50
- Cardiovascular Team Member – (RN, APN, Pharmacist, PA) – \$30
- CV Administrator – \$30
- Fellows in Training – FREE with pre-registration

Cancellations

Registration cancellation requests must be received by October 2, 2015. No refunds will be made after that date.

Meeting Location

The Westin Indianapolis
50 S Capitol Ave
Indianapolis, Indiana 46204
317-262-8100

Parking

Feel free to self-park at the hotel at prevailing rates less 25%. The Indiana-ACC will not be validating parking.

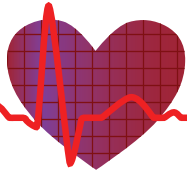
Accommodations

Please call the Westin Indianapolis at 800-228-3000 for room reservations in the Indiana Chapter of the American College of Cardiology room block. Rooms are \$164 plus tax. Reservations should be made by September 8, 2015. There is a 24-hour cancellation policy.

Questions?

Call 317-456-2223.





REGISTRATION FORM

INDIANA CHAPTER ACC 19TH ANNUAL MEETING

Saturday, October 10, 2015

The Westin Indianapolis

Register online at
www.inacc.org

Please return registration form to:

FAX 404.795.9105

or

INDIANA CHAPTER-ACC ANNUAL MEETING

440 Laurel Chase Court NW
Atlanta, GA 30327

317-456-2223

1-866-44-INACC

FAX 404.795.9105

email:

indiana.acc@gmail.com

www.INacc.org

First Name _____ Middle Initial _____ Last Name _____

Designation: ☐ MD ☐ DO ☐ MBBS ☐ CNM ☐ CNP ☐ CNS ☐ CRNA
☐ LPN ☐ PA ☐ PhD ☐ PharmD ☐ RN ☐ RPh

Company Name _____

Address _____ City/State/Zip _____

Daytime Phone _____ Fax _____

E-mail address _____

Are you an ACC Member? Yes ___ No ___ If Yes, ACC Member ID (6-10 digits): _____

1. ATTENDEE TYPE (please check one)

TOTAL

Physician:

☐ Indiana-ACC Member - \$40 \$ _____
☐ Non-Member - \$50 \$ _____

☐ Cardiovascular Team Member

(RN, NP, CNS, PA, PharmD, Cardiovascular Administrator) - \$30 \$ _____

☐ Fellow in Training - \$0 \$ _____

TOTAL COST \$ _____

2. MEETING REGISTRATION (please check all that apply)

☐ General Session ☐ Cardiovascular Team Breakout Session

3. PAYMENT OPTIONS (please check one)

☐ Check payable to Indiana Chapter-ACC ☐ Visa ☐ MasterCard ☐ American Express

Cardholder Name printed _____

Account # _____ Card Security # _____ Exp. Date _____

Signature _____

Billing Address for credit card, including zip: _____

You will receive confirmation via e-mail in advance of the meeting.

