RADIAL ARTERY CATHETERIZATION

Technique, Toolbox, Tips and Tricks

Ziad Jaradat MD
Interventional Cardiology
Assistant Professor of Medicine
Krannert Institute of Cardiology
Indiana University School of Medicine
Patient Selection

- Confirm dual blood supply to the hand
- Previous LIMA or RIMA
- AV fistula
- Radial artery harvest
- Vascular surgery/major trauma
Radial Artery

Palmar Arch

Ulnar Artery

Anatomy
Patient Selection

Patel’s Atlas
Barbeau Test
Barbeau Test (occlude both)
Barbeau Test (Release ulnar artery while radial still occluded)
Radial Artery Access

- Radial artery
- Anterior interosseous artery
- Ulnar artery
- Dorsal carpal branch
- Palmar carpal branch
- Superficial palmar arch
- Deep palmar arch
- Radialis indicis artery
- Common palmar digital arteries
- Proper palmar digital arteries

Illustrations: A. Micheau - MD

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eanatomy³
Local Anesthetic

1ml TB syringe
26 Gauge
3/8” needle length

Inject 1ml 2% lidocaine

Superficial bleb
Radial Artery Access

Glidesheath Nitinol Kit

# .021” nitinol floppy wire and a
# 21 gauge metal needle
# Hydrophilic sheath
Barbeau Test

Barbeau, G et al; Am Heart J 2004;147:489-93

=AVOID
Procedure Details

- **Generous Sedation**
  - Reduces radial artery spasm

- **Sheath size**
  - –5 Fr (for diagnostic cath and simple PCI)
  - –4 Fr (automated contrast injector ACIST)
  - –6 Fr

- **The “Cocktail”**
  - **Vasodilators**
    - (e.g. verapamil 3mg, nitroglycerin 200mcg)
    - Given in sheath
  - **Anticoagulation**
    - heparin 70u/kg IV or bivalirudin if PCI
Access

- video
Universal Catheters

Designed to engage both coronary arteries from the radial approach

Figure 2. Specialty catheters designed specifically for use via the radial approach: Kimny (A), Tiger (B),
Diagnostic Catheter Selection
(Right Radial Approach)

- **Left Coronary Artery**
  - 5Fr Sara/Jacky universal catheter
  - 5Fr JL 3.5
  - 5 Fr JCL 3.0 guide (for superior takeoff)
  - Amplaz Left (AL1)

- **Right Coronary Artery**
  - 5Fr Sara/Jacky universal catheter
  - JR 4 (can use guide)
  - Amplaz Left (AL1)

- **Guides: Limited support from radial**
  - Extra-backup guides, guideliner, deep seat guide
Jacky “video”
Navigating the arm and arch

- Standard J-tip 0.035” guidewire (or wholey)

- Resistance in arm? (fluroscopy, angio, 0.014” coronary wire, gentle catheter advancement)

- Deep breath to lower the heart to facilitate access to ascending aorta

- Perform in AP projection (engage in LAO)
Difficult to enter ascending aorta
Difficult to torque catheters to engage cors
Keep 0.035” J–wire in catheter while torquing (Amplatz)
Use guide catheter with Y adapter (Tuohy) to puff with J–wire in
Once in ascending aorta use exchange length (260cm) J–wire
  “Don’t pay for the same real estate twice”

Kevin Hart 2012 (FWC)
TR Band

- Inflate balloon over puncture site with syringe

- Transparent: visual control of puncture site at all times
  - Know exactly how much force needed to stop the bleeding, avoids overcompression

- Start deflating slowly after 2 hrs
  - If bleeds = reinflate
<table>
<thead>
<tr>
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<th>Patent Hemostasis Technique for Post-Procedural Hemostasis</th>
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<tbody>
<tr>
<td>1.</td>
<td>Apply hemostasis device (e.g., HemoBand, RAD-Stat, TR-Band) to wrist</td>
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<tr>
<td>2.</td>
<td>Place pulse oximeter on ipsilateral index finger or thumb</td>
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<td>3.</td>
<td>Tighten hemostasis device and remove sheath</td>
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<td>4.</td>
<td>Occlude ipsilateral ulnar artery</td>
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<tr>
<td>5.</td>
<td>Loosen hemostasis device until plethysmographic signal returns or bleeding occurs</td>
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<td>If bleeding occurs, use manual compression</td>
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<td>If hemostasis is maintained in the presence of the plethysmographic signal, then leave hemostasis device in place for 2 h</td>
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<tr>
<td>6.</td>
<td>Check for maintenance of plethysmographic signal every hour</td>
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Adapted from Pancholy et al. (39).
Complications

Hematoma

Spasm

Occlusion
Radial Artery Occlusion

- Presentation: Most completely asymptomatic
- Incidence: Very variable
- Mechanism: Probably thrombosis
- Diagnosis: Absent pulse, confirm with duplex
- Treatment:
  - Spontaneous recanalization common
  - Ulnar compression if acutely discovered
  - Systemic LMWH (1–4 weeks)
  - Balloon Angioplasty
  - Balloon Angioplasty with Abciximab
Guide Catheter in brachial artery via femoral approach

Jaradat Z, Revtyak G. Intra-arterial abciximab facilitates treatment of radial artery occlusion. TCT 2011
1. 0.014” Coronary wire across occlusion
2. Clearway infusion catheter (abciximab 90 sec)
Radial Artery Patency Restored

Balloon angioplasty then performed
Final Result: Return of pulse & symptoms resolved

Jaradat Z, Revtyak G. Intra-arterial abciximab facilitates treatment of radial artery occlusion. TCT 2011
Avoiding Radial Artery Occlusion

- Use the smallest sheath possible
- Consider “sheathless” approach
- Anticoagulation for diagnostic cases
- Patent hemostasis technique for radial compression (avoids overcompression)
- Removal of compression device ASAP (2hrs)
Forearm hematoma

- Readjust TR band
- Use second, more proximal TR band
- Wrap arm with ACE bandage
- Arm elevation
- Cold compresses controversial
- Sphygmomanometer on forearm
- Pressure dressing
- Compartment syndrome exceedingly rare
Radial Artery Spasm

- **During procedure:**
  - Pain with wire or catheter manipulations
  - Inability to advance catheter up the arm

- **After procedure:**
  - The #$^@$^ing sheath won’t come out!
Radial Artery Spasm: Treatment

- Sedation
- Vasodilators (nitro/verapamil) in sheath or wipe on catheter. IV Diltiazem
- Use smaller French catheter
- Warm compresses
- Propofol
- Papaverine
- Extreme cases: General anesthesia or axillary nerve block.